

AROMATHERAPY FOOT TREATMENTS

Cool Feet 30 Min/ \$45

Cooling – penetrating – restores flexibility

Peppermint, Cajeput, Geranium, Cinnamon

- Footbath with Spruce Foaming Bath Salts and
- Peppermint Essential Oil
- Scrub with Cool Moon Sea Salt Body Polish
- Massage with Cool Moon Hydrating Massage Lotion or Oil
- Letting Go Foot Spritz

Alive Feet 30 Min/ \$45

Awakening – energizing – increases circulation

Rosemary, Ginger, Eucalyptus, Calendula

- Footbath with Alive Feet Essential Foot Soak
- Scrub with Earth Energy Sudsy Sea Salt Glaze
- Massage with Alive Feet Foot Lotion or Oil
- Sun Dance Foot Spritz

Desert Foot Treatment 30 Min \$50

Relaxing – purifying – uplifting

Citrus, Magnolia, Wild Tansy

- Footbath with Prickly Pear Body Wash
- Scrub with Cane Sugar Body Polish
- Sacred Sedona Clay Mask
- Massage with Prickly Pear Jojoba Body Butter
- Prickly Pear Foot Spritz

Pain Relief Foot Treatment 30 Min/\$45

Relieves pains in joints & muscles

Lavender, Wild Sage, Arnica

- Footbath with Spruce Foaming Bath Salts and
- Essential Oil Blend Pain Dissolver
- Scrub with Turquoise Sage Desert Salt Body Polish
- Massage with Arnica Massage Oil
- Turquoise Sage Foot Spritz

Stress Dissolver 30 Min/\$45

Relieves causes of Headache & stress

Lavender, Sweet Marjoram, Lemongrass, Chamomile

- Footbath with Tension Dissolver Salt Soak and
- Headache Away Essential Oil Blend
- Scrub with Tension Dissolver Hydrating Body Polish
- Massage with Tension Dissolver Body Lotion

Renewal 30 Min/\$50

Stimulating-supports detoxification – increases metabolism

Cypress, Lemongrass, Rosemary, Ylang Ylang

- Footbath with Renewal Body Wash and ...Essential Oil
- Scrub with Renewal Bamboo Body Polish
- Massage with Renewal Shea Body Butter

Foot Reflexology 30 Min/\$55 - 45 Min/\$75 - 60 Min/\$95

Stimulates Healing and Balance

With Focused Relief Oil and Lotion

- Footbath with Therapeutic Salt Soak
- Stimulating Reflexology Treatment

AROMATHERAPY MESSAGES

Head, Neck and Shoulder Massage

30 Min/\$60

With Arnica or Beargrass Massage Oil

Lumbar Relief Massage

30 Min/\$60

With Arnica or Beargrass Massage Oil

Full Body Massage

60 Min/\$95 - 90 Min/\$20

With Unscented Massage Oil or Lotion

Aromatherapy Chakra Oil Massage

60 Min/\$100 - 90 Min/\$125

With Choice of Aromatherapy Chakra Oil

The Ultimate Body Bliss

75 Minutes/\$125 - \$90 Min/150

Full Body Massage with seven Vibrational
Aromatherapy Chakra Oils and
Chakra Point Treatment

BODY BLISS Factory Direct

Aroma Healing Center

Uptown Sedona

Sinagua Plaza

320 N. State Route 89A, Ste. Q

Sedona, AZ 86336

Open daily 10pm – 7pm

Telephone and Fax:

(928) 282 1599

email: bbfd@gmx.net

bodyblissfactorydirect.com

BODY BLISS AROMATHERAPY

OUR SPECIAL

10%OFF

ANY TREATMENT
OR MESSAGE

WITH THIS COUPON
AT OUR STORE
IN SEDONA

